

Date: \_\_\_\_\_

Age: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date of Birth \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Primary Physician \_\_\_\_\_

Problem with:  **RIGHT** Knee  **LEFT** Knee Estimated date first noticed problems: \_\_\_\_/\_\_\_\_/\_\_\_\_

Was this due to injury?  Yes  No Was injury work related?  Yes  No

Currently working?  Yes  No How did injury occur : \_\_\_\_\_

Prior Knee surgery?  Yes  No If yes, list date, procedure and doctor \_\_\_\_\_

How would you rate your worst pain?  1 (No pain),  2,  3,  4,  5,  6,  7,  8,  9 and  10 (severe pain)

Problem is presently:  Worsening  Unchanged  Improving

The pain is?  Constant  Intermittent

Location?  Medial (inner thigh)  Lateral (outer side)  Anterior (front)  
 Diffuse (all over)  Posterior (back)

Quality?  Sharp  Dull  Burning  Throbbing  
 Tingling  Electric Shocks

Other Complaints?  Locking  Giving way  Night Pain  Pain with stairs  Stiffness  
 Grinding/Popping  Swelling  Weakness  Other \_\_\_\_\_

**Activities which were interfered with include:**

- Sports  Walking  Shopping  Stair Climbing  Kneeling  Squatting  Running  
 Sleeping  Gardening  Working  During Exercise  After Exercise  Rising from a chair  
 Other \_\_\_\_\_

**Treatments that have been tried include:**

- Anti Inflammatory \_\_\_\_\_  Helped?  Not Helped  Physical Therapy  Helped?  Not Helped  
 Pain Medications \_\_\_\_\_  Helped?  Not Helped  Crutches/Cane/Walker  Helped?  Not Helped  
 Exercises  Helped?  Not Helped  Bracing  Helped?  Not Helped  
 Reduced Activity  Helped?  Not Helped  Knee Injection  Helped?  Not Helped  
 Knee Drained  Helped?  Not Helped  MRI  Other \_\_\_\_\_

**Review of Systems: Any Changes since the last visit with the following: Circle & Explain**

- Weight Loss  Mouth/Throat  Kidneys/Bladder  
 Fevers  Heart  Skin  
 Eyes  Lungs  Nerves/Anxiety/Depression  
 Ears  Stomach  Bleeding/Clotting  
 Nose  Bowels  Recurrent Infections

Explain: \_\_\_\_\_

New Medication?: \_\_\_\_\_

Recent Surgery?: \_\_\_\_\_

Any Questions for Dr. Gavin that you would like answered?: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Physician Signature: \_\_\_\_\_