

Date: _____

Age: _____

Patient Name: _____

Date of Birth _____

Referring Physician: _____ Primary Physician _____

Problem with: Right Hand/Wrist Left Hand/Wrist Estimated date first noticed problems: ____/____/____

Was this due to injury? Yes No Was injury work related? Yes No

Currently working? Yes No How did injury occur : _____

Prior Hand/Wrist surgery? Yes No If yes, list date, procedure and doctor

How would you rate your worst pain? 1 (No pain), 2, 3, 4, 5, 6, 7, 8, 9 and 10 (severe pain)

Problem is presently: Worsening Unchanged Improving

The pain is? Constant Intermittent

Location? Finger _____ Wrist Dorsum (back)
 Volar (front) Radial (thumb side) Ulnar (5th finger side)

Please Circle: **Lt Hand?** **Rt Hand?**

Quality? Sharp Dull Burning Throbbing Numbness

Tingling Electric Shocks Locking

Timing? Night Morning At Work During Exercise After Exercise

Activities which were interfered with include:

Sports Shopping Waking or Sleeping Gardening Working Other _____

Treatments that have been tried include:

Anti Inflammatory _____ Helped? Not Helped Physical Therapy Helped? Not Helped

Pain Medications _____ Helped? Not Helped Injection Helped? Not Helped

Exercises Helped? Not Helped MRI

Reduced Activity Helped? Not Helped Other _____

Bracing Helped? Not Helped

Review of Systems: Any Changes since the last visit with the following: Circle & Explain

- | | | |
|--------------------------------------|---------------------------------------|--|
| <input type="checkbox"/> Weight Loss | <input type="checkbox"/> Mouth/Throat | <input type="checkbox"/> Kidneys/Bladder |
| <input type="checkbox"/> Fevers | <input type="checkbox"/> Heart | <input type="checkbox"/> Skin |
| <input type="checkbox"/> Eyes | <input type="checkbox"/> Lungs | <input type="checkbox"/> Nerves/Anxiety/Depression |
| <input type="checkbox"/> Ears | <input type="checkbox"/> Stomach | <input type="checkbox"/> Bleeding/Clotting |
| <input type="checkbox"/> Nose | <input type="checkbox"/> Bowels | <input type="checkbox"/> Recurrent Infections |

Explain: _____

New Medication?: _____

Recent Surgery?: _____

Any Questions for Dr. Gavin that you would like answered?: _____

Patient Signature: _____

Physician Signature: _____