

Date: _____

Age: _____

Patient Name: _____

Date of Birth _____

Referring Physician: _____ Primary Physician _____

Problem with: Right Foot Left Foot Estimated date first noticed problems: ____/____/____

Was this due to injury? Yes No Was injury work related? Yes No

Currently working? Yes No How did injury occur : _____

Prior Ankle/Foot surgery? Yes No If yes, list date, procedure and doctor

How would you rate your worst pain? 1 (No pain), 2, 3, 4, 5, 6, 7, 8, 9 and 10 (severe pain)

Problem is presently: Worsening Unchanged Improving

The pain is? Constant Intermittent

Location? Ankle _____ Lateral (outside) Medial (inside)

Posterior (back) Anterior (front)

Foot Midfoot Forefoot (toes) Hindfoot (heel)

Quality? Sharp Dull Burning Throbbing

Tingling Electric Shocks

Timing? Night Morning At Work During Exercise After Exercise

Activities which were interfered with include:

- Sports Walking Shopping Stair Climbing Waking or Sleeping
- Running Gardening Working Kneeling Squatting Rising from a chair
- Other _____

Treatments that have been tried include:

- Anti Inflammatory _____ Helped? Not Helped Physical Therapy Helped? Not Helped
- Pain Medications _____ Helped? Not Helped Crutches/Cane Helped? Not Helped
- Exercises Helped? Not Helped Injection Helped? Not Helped
- Reduced Activity Helped? Not Helped MRI
- Bracing Helped? Not Helped Other _____

Review of Systems: Any Changes since the last visit with the following: Circle & Explain

- Weight Loss Mouth/Throat Kidneys/Bladder
- Fevers Heart Skin
- Eyes Lungs Nerves/Anxiety/Depression
- Ears Stomach Bleeding/Clotting
- Nose Bowels Recurrent Infections

Explain: _____

New Medication?: _____

Recent Surgery?: _____

Any Questions for Dr. Gavin that you would like answered?: _____

Patient Signature: _____

Physician Signature: _____